

The White Hart

Gluten Free menu

Starters

Chicken wings in a Jack Daniels and BBQ sauce, served with a BBQ dip £6.95

Fresh baked bread and olives £4.95

Prawn Cocktail £7.75

Warm camembert infused with garlic & rosemary, served with chutney £7.75

Lite bites

Nachos served with cheese, salsa, guacamole, sour cream and jalapenos £7.55

The above with chilli beef, pulled pork or Cajun chicken £9.25

Nachos to share as above £9.55 or £10.25

Jacket Potatoes

Prawns in marie rose sauce £8.25

Cheese and beans £7.25

Tuna mayonnaise £7.25

Cheese and coleslaw £7.25

Beef chilli and cheese £7.95

3 Bean vegetarian chilli £6.95

Greek salad – feta cheese, mixed leaves, new potatoes, red onions, olives, tomatoes and dressing

Warm chicken and crispy parma ham with a mixed salad and balsamic vinegar dressing

Warm duck salad – shredded duck in hoisin and plum sauce with mixed leaves

Small - £7.15, large £9.75

Main courses

Roast pork belly with mustard mash, sautéed vegetables and gravy £13.25

Mediterranean chicken breast stuffed with mozzarella & pesto, wrapped in parma ham, served with dauphinoise potatoes, spinach and vine tomatoes & a balsamic reduction £13.75

Home cooked smoked ham, free range eggs and chips £9.95

Sizzling skillet – choose from chicken or beef with Cajun spiced vegetables, sour cream, salsa and cheese, can be served with rice or chips £12.95

Halloumi marinated in thyme and chilli oil topped with red pepper hoummus, served in a bun with chips and coleslaw £ 13.25

8oz Rump steak served with chips, vine tomatoes, mushrooms & watercress £13.25

8oz Sirloin steak served with chips, vine tomatoes, mushrooms & watercress £16.95

8oz Gammon steak served with chips, free range eggs, pineapple and watercress £11.25

BBQ Chicken and bacon topped with melted cheese, erved with chips and salad garnish £12.95

Ploughmans – choose from brie, cheddar, stilton or smoked ham, served with warm bread, chutney, pickled onion, apple and coleslaw £9.95

Pizza

Margherita £9.75

Pepperoni £10.45

White Hart Inferno – pepperoni, Cajun chicken, jalapenos, chilli, peppers, firecracker sauce £11.95

BBQ chicken and smoked ham £11.50

Childrens

Choose from one of the following – smoked ham, cheeseburger(no bun), chicken breast

Add mash or chips and either peas, beans, fried egg, sweetcorn or salad £6.75

Please ensure you tell the staff you are ordering from the gluten free menu so that they can inform the chefs to change any products, i.e breads

